

Mid-term rental cleaning checklist

The turnover between two tenants of a furnished home rented for one to twelve months: a deep clean plus a reset. Work top to bottom, room by room, and check each item off.

Before you clean: the move-out walk-through

Do this first, while the home still looks the way the tenant left it.

- ☐ Walk every room with the move-in inventory, and count linens, kitchen items, keys and remotes against it
- ☐ Photograph each room before cleaning, from the same angles as the move-in photos
- ☐ Note damage separately from dirt — damage goes to repairs, dirt goes to the clean
- ☐ Check drawers, closets, the fridge and under the beds for anything left behind
- ☐ Strip every bed and start the laundry

Kitchen

After months of everyday cooking, the kitchen is the deep clean.

- ☐ Empty the fridge and freezer; wash the shelves, drawers and door seals
- ☐ Clean inside the oven and microwave, the stovetop and the range-hood filter
- ☐ Clean the dishwasher filter and run it empty
- ☐ Descale the coffee maker and kettle; empty the toaster crumb tray
- ☐ Wipe inside every cabinet and drawer; run all dishes, pots and utensils through a wash
- ☐ Counters, backsplash, sink, faucet and disposal
- ☐ Wash the trash and recycling bins and put in new liners

Bathrooms (each)

- ☐ Toilet inside, outside, behind and at the base
- ☐ Shower and tub: descale the glass and fixtures, scrub the grout, clear the drain
- ☐ Sink, mirror, counter and the inside of the vanity
- ☐ Exhaust fan cover dusted
- ☐ Replace the shower curtain liner if it's stained
- ☐ Floors, including behind the door and around the toilet

Bedrooms (each)

- ☐ Wash every sheet, pillowcase, duvet cover, mattress protector and pillow protector
- ☐ Check the mattress, seams and headboard for stains and signs of bed bugs
- ☐ Vacuum under the bed and behind the nightstands
- ☐ Empty and wipe the dresser drawers and closet; count the hangers
- ☐ Make the beds with clean linens, and put the spare set away

Living areas and workspace

- ☐ Vacuum the sofa and chairs, under the cushions too; spot-clean any stains
- ☐ Wipe the desk, desk chair, lamps and power strips
- ☐ Wipe the remotes, switches and door handles
- ☐ Sign out of every streaming account on the TV
- ☐ Dust the blinds and curtains

Whole home, top to bottom

- ☐ Dust ceiling fans, vents and light fixtures first, then work down
- ☐ Baseboards, doors, door frames and switch plates
- ☐ Spot-clean marks on the walls
- ☐ Inside the windows, the sills and the tracks
- ☐ Move the furniture you can and vacuum behind and under it
- ☐ Vacuum every floor, then mop the hard floors last

Laundry, filters and appliances

- ☐ Clean the washer's door seal and run a cleaning cycle
- ☐ Empty the dryer lint filter and check the vent for lint build-up
- ☐ Replace the HVAC filter if it's due
- ☐ Replace the fridge water filter if it's due

Reset for the next tenant

- ☐ Test every smoke and carbon monoxide alarm, and note the date
- ☐ Set a new door code, and count the keys, fobs, remotes and parking passes
- ☐ Check the Wi-Fi works and the network name and password in the home are current
- ☐ Restock the starter supplies: toilet paper, soap, dish soap, detergent, trash bags, paper towels
- ☐ Replace burnt-out bulbs and dead batteries in the remotes
- ☐ Set the thermostat, close the blinds, and leave the house guide out

Finish: the record

- ☐ Photograph every room after the clean — the start of the next move-in record
- ☐ Send anything broken or worn to maintenance before the next move-in
- ☐ Note the date, who cleaned and anything restocked or replaced
- ☐ Lock up and confirm the home is ready

Between nightly guests (the quick reset)

- ☐ Strip and remake the beds; fresh towels
- ☐ Wipe the kitchen, empty the dishwasher and the trash
- ☐ Clean the bathrooms
- ☐ Vacuum and mop
- ☐ Restock the basics and reset the house guide

Turnover sign-off

One sheet per turnover. Keep it with the move-out and move-in records for the home.

Property address _____	Unit _____
Departing tenant _____	Move-out date _____
Next tenant _____	Next move-in date _____
Cleaned by _____	Date cleaned _____

Reset checks

Smoke / CO alarms tested on _____	Door code changed on _____
Keys / fobs counted _____	Remotes / parking passes counted _____
HVAC filter replaced on _____	Photos taken (count) _____

Restocked or replaced

For maintenance before the next move-in

Cleaned by

Cleaner

Date

Checked by

Landlord or manager

Date